

LUNCH MENU JANUARY 2025

Item	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1st	2nd	3rd	4th
Main Dish					Sweet Corn Capsicum Curry, Chapati, Steamed Rice, Dal Makhani	Mix. Vegetable, Chapati, Steamed Rice, Gujarati Dal	Aloo Matar Gravy Sabji, Chapati, Steamed Rice, Saboot Masoor Dal
Salad					Tomato-Cucumber Salad	Tomato-Cucumber Salad	Tomato-Cucumber Salad
Drink					Buttermilk	Sweetcorn Soup	Mint Lemonade
Dessert/ Fruit						Jalebi	

Jain Menu

Main Dish					Sweet Corn Capsicum Curry, Chapati, Steamed Rice, Dal Makhani	Mix. Vegetable, Chapati, Steamed Rice, Gujarati Dal	Matar Gravy Sabji, Chapati, Steamed Rice, Saboot Masoor Dal
Salad					Tomato-Cucumber Salad	Tomato-Cucumber Salad	Tomato-Cucumber Salad
Drink					Buttermilk	Sweetcorn Soup	Mint Lemonade
Dessert/ Fruit						Jalebi	

Item	5th	6th	7th	8th	9th	10th	11th
Main Dish		Methi Thepla, Chhunda, Masala Khichdi, Kadhi	Paneer Butter Masala, Chapati, Steamed Rice, Dal Tadka	Ragda Pattice, Veg. Biryani, Masala Raita	Chhole, Bhatoore, Vegetable Pulao, Cucumber Raita	Idli, Sambhar, Dosa Balls, Chutney, Lemon Rice	Tuver Dana - Ringan Sabji, Chapati, Steamed Rice, Dal Fry
Salad			Tomato-Cucumber Salad		Tomato-Cucumber Salad		Tomato-Cucumber Salad
Drink		Veg Clear Soup	Buttermilk	Mint Lemonade	Tomato Soup	Lemonade	Buttermilk
Dessert/ Fruit		Corn on Cob		Boondi		Balushahi	

Jain Menu

Main Dish		Methi Thepla, Chhunda, Khichdi, Kadhi	Paneer Butter Masala, Chapati, Steamed Rice, Dal Tadka	Ragda Pattice, Veg. Biryani, Masala Raita	Chhole, Bhatoore, Vegetable Pulao, Cucumber Raita	Idli, Sambhar, Dosa Balls, Chutney, Lemon Rice	Tuver Dana - Ringan Sabji, Chapati, Steamed Rice, Dal Fry
Salad			Tomato-Cucumber Salad		Tomato-Cucumber Salad		Tomato-Cucumber Salad

Drink		Veg Clear Soup	Buttermilk	Mint Lemonade	Tomato Soup	Lemonade	Buttermilk
Dessert/ Fruit		Corn on Cob		Boondi		Balushahi	

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Item	12th	13th	14th	15th	16th	17th	18th
Main Dish		Undhiyo - Puri, Steamed Rice, Mix Dal	Uttarayan Holiday	Uttarayan Holiday	Aloo Sukhi Bhaji, Puri, Jeera Rice, Saboot Masoor Dal	Butter Bhaji-Pav, Veg.Biryani, Masala Raita	Desi Chana with Gravy, Chapati, Jeera Rice, Dal Tadka
Salad		Tomato-Cucumber Salad			Tomato-Cucumber Salad	Chopped Onion-Coriander, Lemon	Tomato-Cucumber Salad
Drink					Lemon coriander soup	Mint Lemonade	Buttermilk
Dessert/Fruit		Jalebi				Gajar Halwa	
Jain Menu							
Main Dish		Undhiyo Puri, Steamed Rice, Mix Dal	Uttarayan Holiday	Uttarayan Holiday	Raw Banana Sukhi Bhaji, Puri, Jeera Rice, Saboot Masoor Dal	Butter Bhaji-Pav, Veg.Biryani, Masala Raita	Desi Chana with Gravy, Chapati, Jeera Rice, Dal Tadka
Salad		Tomato-Cucumber Salad			Tomato-Cucumber Salad	Chopped Coriander, Lemon	Tomato-Cucumber Salad
Drink					Lemon coriander soup	Mint Lemonade	Buttermilk
Dessert/Fruit		Jalebi				Sooji Halwa	
Item	19th	20th	21st	22nd	23rd	24th	25th
Main Dish		Cauliflower - peas - Tomato Dry Sabji, Chapati, Jeera Rice, Dal Palak	Paneer Kadai, Chapati, Steamed Rice, Mix Dal	Veg Frankie, White Sauce Pasta, Dhokla with chutney, Banana Wafers	Chhole Bhature, Hyderabad Biryani, Boondi Raita	Aloo Matar Gravy Sabji, Chapati, Jeera Rice, Panchratna Dal	Stuffed Karela Sabji, Chapati, Jeera Rice, Dal Tadka
Salad		Tomato-Cucumber Salad	Tomato-Cucumber Salad		Tamarind Onion Chutney	Tomato-Cucumber Salad	Tomato-Cucumber Salad
Drink		Tomato Soup	Lemonade	Orange Tang	Lemonade	Veg Clear Soup	Buttermilk
Dessert/Fruit			Fruit Custard		Gulab Jamun		

Jain Menu							
Main Dish		Cauliflower - peas - Tomato Dry Sabji, Chapati, Jeera Rice, Dal Palak	Paneer Kadai, Chapati, Steamed Rice, Mix Dal	Veg Frankie, White Sauce Pasta, Dhokla with chutney, Banana Wafers	Chhole Bhature, Hyderabad Biryani, Boondi Raita	Matar Gravy Sabji, Chapati, Jeera Rice, Panchratna Dal	Stuffed Karela Sabji, Chapati, Jeera Rice, Dal Tadka
Salad		Tomato-Cucumber Salad	Tomato-Cucumber Salad		Tamarind Chutney	Tomato-Cucumber Salad	Tomato-Cucumber Salad
Drink		Tomato Soup	Lemonade	Orange Tang	Lemonade	Veg Clear Soup	Buttermilk
Dessert/ Fruit			Fruit Custard		Gulab Jamun		

Item	26th	27th	28th	29th	30th	31st
Main Dish		Veg. Korma, Chapati, Jeera Rice, Rajma Curry	Paneer Tikka Masala, Chapati, Steamed Rice, Dal Triveni	Manchurian Dry, Chinese Noodles, Wafers, Veg Fried Rice	Idli, Sambar, Dosa Ball, Chutney, Lemon Rice	Methi-Matar-Malai, Chapati, Steamed Rice, Saboot Masoor Dal
Salad		Tomato-Cucumber Salad	Tomato-Cucumber Salad			Tomato-Cucumber Salad
Drink		Lemon coriander soup	Buttermilk	Manchow Soup	Mint Lemonade	Buttermilk
Dessert/ Fruit			Chocolate Coconut Laddoo		Gajar Halwa	

Jain Menu						
Main Dish		Veg. Korma, Chapati, Jeera Rice, Rajma Curry	Paneer Tikka Masala, Chapati, Steamed Rice, Dal Triveni	Manchurian Dry, Chinese Noodles, Wafers, Veg Fried Rice	Idli, Sambar, Dosa Ball, Chutney, Lemon Rice	Methi-Matar-Malai, Chapati, Steamed Rice, Saboot Masoor Dal
Salad		Tomato-Cucumber Salad	Tomato-Cucumber Salad			Tomato-Cucumber Salad
Drink/Fruit		Lemon coriander soup	Buttermilk	Manchow Soup	Mint Lemonade	Buttermilk
Dessert/ Fruit			Chocolate Coconut Laddoo		Doodhi Halwa	

Ms Kanchan Joshi
Head of School