

**CIS April 2024**

Item	28th	29th	30th				
Main Dish		Dabeli with Imli Chutney, Wafer	Idli, Sambhar, Chutney				
Salad							
Drink			Mint Lemonade				
Dessert		Fruit Custard	Banana				
Jain menu							
Main Dish		Dabeli with Imli Chutney, Wafer	Idli, Sambhar, Chutney				
Salad							
Drink			Mint Lemonade				
Dessert		Fruit Custard	Banana				

**CIS May 2024**

Item	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1st	2nd	3rd	4th
Main Dish				Poha, Potato Wada with Sauce	Chhole Bhature	Aloo Sukhi Bhaji, Poori	Veg Hariyali, Chapati, Rice, Saboot Moong dal
Salad					Tamarind Onion Chutney	Tomato-Cucumber Salad	Tomato-Cucumber Salad
Drink				Orange Tang	Buttermilk	Buttermilk	Buttermilk
Dessert				Suji Halwa	Gulab Jamun		
Jain Menu							
Main Dish				Poha, Wada with Sauce	Chhole Bhature	Raw Banana Sukhi Bhaji, Poori	Veg Hariyali, Chapati, Rice, Saboot Moong dal
Salad					Tamarind Chutney	Tomato-Cucumber Salad	Tomato-Cucumber Salad
Drink				Orange Tang	Buttermilk	Buttermilk	Buttermilk
Dessert				Suji Halwa	Gulab Jamun		
Item	5th	6th	7th	8th	9th	10th	11th
Main Dish		Aloo-Giloda Sabji, Chapati, Jeera Rice, Rajma Curry	Holiday	Doodhi-Tomato Sabji, Chapati, Jeera Rice, Dal Makkhani	Paneer Kadai, Chapati, Steamed Rice, Mix Dal	Veg Frankie, Veg Pasta, Dhokla with chutney, Wafers	Idli, Sambar, Dosa ball, Chutney, Lemon Rice
Salad		Tomato-Cucumber Salad		Tomato-Cucumber Salad	Tomato-Cucumber Salad		
Drink		Buttermilk				Mint Lemonade	Aam Panna
Dessert/Fruit					Jalebi	Doodhi Halwa	Boondi

Jain Menu							
Main Dish		Giloda Sabji, Chapati, Jeera Rice, Rajma Curry	Holiday	Doodhi-Tomato Sabji, Chapati, Jeera Rice, Dal Makkhani	Paneer Kadai, Chapati, Steamed Rice, Mix Dal	Veg Frankie, Veg Pasta, Dhokla with chutney, Wafers	Idli, Sambar, Dosa ball, Chutney, Lemon Rice
Salad		Tomato-Cucumber Salad		Tomato-Cucumber Salad	Tomato-Cucumber Salad		
Drink		Buttermilk			Mint Lemonade	Aam Panna	
Dessert/Fruit				Jalebi	Doodhi Halwa	Boondi	

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Item	12th	13th	14th	15th	16th	17th	18th
Main Dish		Desi Chana with Gravy, Chapati, Jeera Rice, Dal Tadka	Paneer Tikka Masala, Chapati, Jeera Rice, Dal Fry	Bharela Baigan, Chapati, Steamed Rice, Saboot Moong dal	Methi Thepla, Chhunda, Masala Khichadi, Kadhi	Gawar Sabji, Chapati, Jeera Rice, Dal Makkhani	Doodhi-Tomato Sabji, Chapati, Jeera Rice, Dal Palak
Salad		Tomato-Cucumber Salad	Tomato-Cucumber Salad	Tomato-Cucumber Salad	Sprouts Salad	Tomato-Cucumber Salad	Tomato-Cucumber Salad
Drink		Buttermilk		Buttermilk		Lemonade	Buttermilk
Dessert/Fruit			Sevian Kheer	Boondi	Banana		Gulab Jamun

Jain Menu							
Main Dish		Desi Chana with Gravy, Chapati, Jeera Rice, Dal Tadka	Paneer Tikka Masala, Chapati, Jeera Rice, Dal Fry	Bharela Baigan, Chapati, Steamed Rice, Saboot Moong dal	Methi Thepla, Chhunda, Masala Khichadi, Kadhi	Gawar Sabji, Chapati, Jeera Rice, Dal Makkhani	Doodhi-Tomato Sabji, Chapati, Jeera Rice, Dal Palak
Salad		Tomato-Cucumber Salad	Tomato-Cucumber Salad	Tomato-Cucumber Salad	Sprouts Salad	Tomato-Cucumber Salad	Tomato-Cucumber Salad
Drink		Buttermilk		Buttermilk		Lemonade	Buttermilk
Dessert/Fruit			Sevian Kheer	Boondi	Banana		Gulab Jamun

Item	19th	20th	21st	22nd	23rd	24th	25th
Main Dish		Chhole Bhature, Hyderabad Biryani, Boondi Raita	Lehsuni Palak paneer, Chapati, Steamed Rice, Mix Dal	Galka Sabji, Chapati, Jeera Rice, Dal Fry	Sweet Corn Capsicum Curry, Chapati, Steamed Rice, Dal Makkhani	Mix. Vegetable, Chapati, Steamed Rice, Gujarati Dal	Cholai Aloo Sabji, Chapati, Steamed Rice, Saboot Masoor Dal
Salad		Tamarind Onion Chutney	Tomato-Cucumber Salad	Tomato-Cucumber Salad	Tomato-Cucumber Salad	Tomato-Cucumber Salad	Tomato-Cucumber Salad
Drink		Aam panna		Buttermilk	Buttermilk		Lemonade
Dessert/Fruit			Fruit Custard		Chocolate Coconut Ladoo	Jalebi	

Jain Menu							
Main Dish		Chhole Bhature, Hyderabad Biryani, Boondi Raita	Palak paneer, Chapati, Steamed Rice, Mix Dal	Galka Sabji, Chapati, Jeera Rice, Dal Fry	Sweet Corn Capsicum Curry, Chapati, Steamed Rice, Dal Makkhani	Mix. Vegetable, Chapati, Steamed Rice, Gujarati Dal	Cholai Sabji, Chapati, Steamed Rice, Saboot Masoor Dal
Salad		Tamarind Chutney	Tomato-Cucumber Salad	Tomato-Cucumber Salad	Tomato-Cucumber Salad	Tomato-Cucumber Salad	Tomato-Cucumber Salad
Drink		Aam panna		Buttermilk	Buttermilk		Lemonade
Dessert/Fruit			Fruit Custard		Chocolate Coconut Ladoo	Jalebi	

Item	26th	27th	28th	29th	30th	31st	
Main Dish		Methi Thepla, Chhunda, Khichdi, Kadhi	Paneer Butter Masala, Chapati, Steamed Rice, Dal Tadka	Ragda Pattice, Veg. Biryani, Masala Raita, Sev Khamani	Desi Chana with Gravy, Chapati, Jeera Rice, Dal Palak	Idli, Sambhar, Medu Vada, Chutney, Lemon Rice	
Salad		Tomato-Cucumber Salad	Tomato-Cucumber Salad		Tomato-Cucumber Salad		
Drink				Aam Panna	Buttermilk	Mint Lemonade	
Dessert/ Fruit		Banana	Sevian Kheer	Boondi		Balushahi	
<b>Jain Menu</b>							
Main Dish		Methi Thepla, Chhunda, Khichdi, Kadhi	Paneer Butter Masala, Chapati, Steamed Rice, Dal Tadka	Ragda Pattice, Veg. Biryani, Masala Raita, Sev Khamani	Desi Chana with Gravy, Chapati, Jeera Rice, Dal Palak	Idli, Sambhar, Medu Vada, Chutney, Lemon Rice	
Salad		Tomato-Cucumber Salad	Tomato-Cucumber Salad		Tomato-Cucumber Salad		
Drink				Aam Panna	Buttermilk	Mint Lemonade	
Dessert/ Fruit		Banana	Sevian Kheer	Boondi		Balushahi	
<b>CIS June 2024</b>							
Item	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
							<b>1st</b>
Main Dish							Bhindi Masala, Chapati, Steamed Rice, Dal Makkhani
Salad							Tomato-Cucumber Salad
Drink							Buttermilk
Dessert/ Fruit							
<b>Jain Menu</b>							
Main Dish							Bhindi Masala, Chapati, Steamed Rice, Dal Makkhani
Salad							Tomato-Cucumber Salad
Drink							Buttermilk
Dessert/Fruit							

**Kanchan Joshi**  
**Head of School**